



NALINYA
VILLA SPA





The Nalinya Villa Spa

Rooted in the essence of “Nalinya” which signifies lotus in Thai, our spa’s architecture and ambiance draw inspiration from this graceful flower.

Our four individual spa villas are meticulously designed to cocoon you in luxury and serenity. Among them, our grandest spa villa shines, boasting a private Jacuzzi sala surrounded by a lush garden oasis.

Nalinya Villa Spa invites you to indulge in our signature treatment – the Black Sand Spa. This distinctive and rejuvenating therapy promises to transport you to a realm of relaxation and revitalization, harmonizing body, mind and spirit.



Body Massage



Nalinya Signature Massage

🕒 90 Mins **2,800 Baht**

This massage invites you to enjoy a special, highly sensory moment with hot sands and salt pot compresses designed to release tension in the muscles. Each compress contains a blend of black sands, coarse salt, and dry lotus herbs, combining relaxing massage techniques with therapeutic warm oils to penetrate deeply into muscle tissues. Our spa therapist uses their hands, forearms, and fingers to perform long, flowing strokes from head to toe, akin to waves bringing relaxation to the shore. This massage provides a feeling of relaxation and complete escape.

Sea Breeze Thai Massage


🕒 60/90 Mins **2,000/2,500 Baht**

Experience traditional Thai massage therapy, an ancient practice aimed at stimulating energy flow through stretching and pressure point techniques to reduce stress and relieve muscle tension. For this exquisitely traditional dry massage, it is essential to wear loose-fitting pants and a top to ensure comfort. This massage is especially beneficial after a long flight.

Seashore Swedish Massage

🕒 60/90 Mins **2,000/2,500 Baht**

The Swedish massage employs light to firm pressure using five different types of strokes to provide relaxation and muscle relief. Its stroke techniques reduce stress, increase relaxation, and improve blood circulation, helping to soothe sore muscles and provide overall relaxation. This massage is also ideal for anyone who has never received a professional massage before.





Oceana Aromatic Massage


🕒 60/90 Mins 2,000/2,500 Baht

Indulge in the healing effects of aromatherapy with this relaxing and restorative massage. Aromatherapy massage is one of our most popular treatments, featuring smooth and flowing movements designed to maximize calming and relaxing sensations. This soothing massage incorporates a combination of acupressure techniques and gentle strokes, allowing the healing properties of natural oils to penetrate deep layers of the skin.

Coastal Deep Tissue Sport Massage

🕒 60/90 Mins 2,000/2,500 Baht

The Deep Tissue Sport Massage forms the foundation of many Western massage techniques. This firm and invigorating massage is especially beneficial for sports enthusiasts. The technique combines unique strokes with aromatic oils applied to the entire body to ease tension, relieve muscle pain, and address the effects of physical activity.



Seaside Jet Lag Massage

🕒 60/90 Mins 2,000/2,500 Baht

This massage helps energize your body and relieve tension and jet lag caused by long journeys and crossing multiple time zones. A calming and revitalizing experience, it focuses on pressure points, tense muscles, joints, and ligaments to provide you with a wonderful healing experience. Recommended after travel.

Marina After Sun Massage

🕒 60 Mins 2,500 Baht

This gentle massage is specifically designed for sunburnt or sensitive skin. Utilizing soothing oil known for its healing and calming properties, long palm strokes are applied to assist in the absorption by the skin and aid in skin repair. Thumb pressure work around the shoulder area relieves tired muscles. For best results, leave the oil on the skin.



Rocky Stress Relief Massage

🕒 60 Mins

2,000 Baht

This intensive treatment targets the neck, back, and shoulders to release muscular tension and alleviate pain. It improves circulation and promotes the restoration of the body's natural equilibrium, leaving you feeling refreshed and relaxed.

Coral Relaxing Foot Massage

🕒 60 Mins

2,000 Baht


This ancient massage technique focuses on the lower legs and soles of the feet, incorporating stretching and compression to open energy lines and improve energy flow. Relieve your stress with this soothing and pampering therapy.

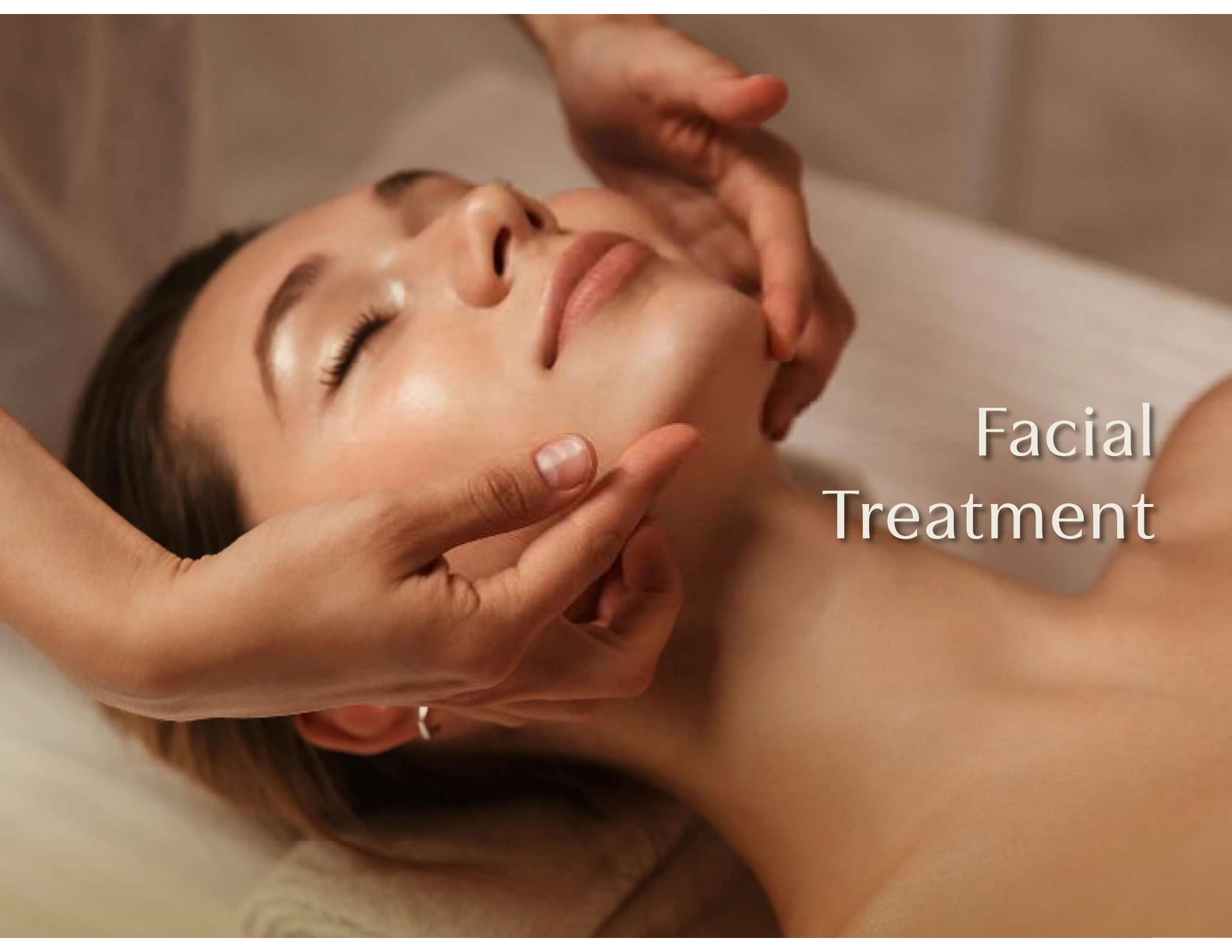
Sandy Indian Head Massage

🕒 60 Mins

2,000 Baht

Indulge in the perfect treat for a stressful day. This massage increases blood circulation to the head, neck, and shoulders, promoting relaxation and tension release. It balances energies through acupressure points and circulatory movements. The treatment nourishes the scalp and hair with warm virgin coconut oil, prevents headaches and migraines, relieves stress, and promotes better sleep.





Facial Treatment



Ocean Deep Cleansing Treatment

🕒 60 Mins

3,000 Baht

All Skin Type

Deep facial cleansing is the foundation of healthy skin and beauty. Our ALGOCLEANSE treatment begins with cleansing milk and micellar water, followed by exfoliation, a warm towel application, massage, purifying mask, scultura mask, and moisturizing for the face and eye gel. All our products are natural, extracted from algae using Marine Biotechnology developed over 60 years in France.


Nutri Hydration Treatment

🕒 60 Mins

3,000 Baht

Dry and Sensitive Skin

This treatment is packed with skin nutrients and moisturizing agents. It includes a concentrated hydrating serum extracted from Mellow Flower, comfort cleansing milk, and micellar water, enzymatic exfoliating gel, Nutri RE.source serum for massage, fresh vitamin mask, moisturizing eye gel, and youth lift cream. All our products are natural, extracted from algae using Marine Biotechnology developed over 60 years in France.





Age Defining Treatment

🕒 60 Mins

3,000 Baht

Wrinkle and Fine Line

This treatment focuses on lifting, reducing deep wrinkles, and contouring facial shape through massage, serum application, and holistic techniques. It includes comfort cleansing milk and micellar water, enzymatic exfoliating gel, marine life serum, face massage cream with Oriental Gua Sha Up-Lifting technique for facial contouring, and a Fresh Vitamin Mask. Additionally, a holistic approach to de-stressing with vibration sound from a Tibetan Bowl is applied. The treatment also includes moisturizing eye gel and Youth Lift Cream to improve resilience and refresh the skin. All products are natural and extracted from algae using Marine Biotechnology developed over 60 years in France.

Detoxifying Facial Treatment

🕒 60 Mins

3,000 Baht

Normal to Oily Skin

This treatment focuses on skin detoxification and purifying using comfort cleansing milk and micellar water, enzymatic exfoliating gel, marine life serum, and a face massage cream with the Oriental Gua Sha detoxifying skin technique. The Tea Tree Rubber Mask provides antiseptic and antimicrobial benefits, deeply cleansing and soothing the skin. The treatment also includes moisturizing eye gel and Youth Lift Cream.





Body Scrub



Royal Nalinya Body Scrub

🕒 45 Mins

2,000 Baht

Combination Skin

Ingredients:

Lotus extract, Shea Butter, Sweet Almond,
Lemon and Rose Water

Indulge in a relaxing all-over exfoliation and layering of richly nourishing ingredients. This scrub helps to deeply cleanse the skin, remove dead skin cells, stimulate healthy skin with improved blood circulation, and reveal bright, smooth skin.

Jasmine Rice Body Scrub

🕒 45 Mins

2,000 Baht

Normal to Dry Skin

Ingredients:

Jasmine Rice extract, Sugar Pea and Papaya extract

Indulge your skin in the ultimate exfoliating experience. This scrub helps moisturize and smooth your skin while providing antioxidants. The essence of the night-blooming jasmine lingers long after the treatment, leaving your skin refreshed and rejuvenated.





Mandarin & Mango Sugar Scrub

🕒 45 Mins

2,000 Baht

Oily Skin

Ingredients:

Mandarin extract, Mango extract and Sugar

Indulge in gloriously supple skin with this unique body scrub. Stimulate and strengthen your skin, leaving it smooth and toned with the sweet, fresh essential oils of mandarin and AHA-rich mango. Take home the vibrant energy of mandarin and mango with you

Herbal Sea Salt Scrub

🕒 45 Mins


2,000 Baht

Dry & Sensitive Skin

Ingredients:

Bran Oil, Jojoba Seed Oil, Sweet Basil, Anise Oil, Nutmeg and Black Pepper Powder

Experience deep cleansing and refreshing exfoliation with our Herbal Sea Salt Scrub. This scrub effectively removes impurities and dead cells while stimulating circulation. It reduces skin inflammation and helps shed dead skin cells, revealing new, brighter, and smoother skin.





Body Wrap

Royal Nalinya Body Wrap

🕒 45 Mins

2,200 Baht

All Skin Type

Ingredients:

Lotus extract, Shea Butter, Sweet Almond, Lemon and Rose Water

Experience the antioxidant properties of Lotus extract, which protect against free radical damage and premature aging. This mask softens the skin, rejuvenates dull, aging skin, promotes hydration, and reduces redness, leaving your skin healthy, radiant, and spotless.

Jasmine Rice Body Wrap

🕒 45 Mins

2,200 Baht

Normal to Dry Skin

Ingredients:

Jasmine Rice extract, Sugar Pea and Papaya extract

Experience moisturized and smoothed skin with our Jasmine Rice Body Wrap, enriched with rice germ extract. This wrap helps balance the skin, increase elasticity, soften the skin, and protect against irritation. Its powerful antioxidants inhibit collagen deformation and pigmentation, resulting in radiant and brightened skin.

Aloe Vera Cooling Wrap

🕒 45 Mins

2,200 Baht

Sensitive & Sun Burn

Ingredients:

Aloe Vera Gel and Cucumber

Experience the cooling and healing effects of our Aloe Vera Cooling Wrap, designed to rehydrate and soothe the skin. This natural wrap contains Aloe Vera and cucumber extract, which neutralize inflammation, repair, hydrate, and rebuild your skin. Ideal for cooling sensitive, dry skin after a day in the sun. Enjoy a heavenly scalp massage while your body is cocooned in the body wrap





Focus Massage

Choose from our range of treatments tailored to address your specific needs, targeting the root of your stress and tension. If you require a different combination of treatments listed, please let us know, and we'll be happy to assist you.

Relaxing Head

🕒 30 Mins 1,000 Baht

(Head Massage)

This massage targets the pressure points on the head, providing excellent relief from stress and inducing a state of relaxation.

Express Stress Relief

🕒 30 Mins 1,000 Baht

(Neck & Shoulder Massage)

This massage is tailored to target your specific problem areas, particularly effective for reducing tension in the neck and shoulders. It promotes deep relaxation, improves circulation, and alleviates chronic muscular pain.

Refreshing Face

🕒 30 Mins 1,000 Baht

(Face Massage)

This face massage applies finger pressure to the Mama Points, relaxing tense facial muscles, soothing tired eyes, and boosting blood circulation.

Back Recovery

🕒 30 Mins 1,000 Baht

(Back Massage)

Experience renewed energy after this tension-relieving massage focused on your back. The therapist applies medium to strong pressure, using deep strokes to alleviate tension in the muscles, leaving you with a stronger and healthier back.

Choose from our range of treatments tailored to address your specific needs, targeting the root of your stress and tension. If you require a different combination of treatments listed, please let us know, and we'll be happy to assist you.

Tired Hands & Fingers

🕒 30 Mins

1,000 Baht

(Hand and Arm Massage)

Experience the natural healing art of reflexology, which focuses on reflex points in the hands.

Applying pressure to these points relieves tension, improves circulation, and enhances the natural function of related areas in the body

Legs Revival

🕒 30 Mins

1,000 Baht

(Legs Massage)

Experience the ancient art of massage technique focusing on your legs, promoting improved energy flow and stress relief. This soothing therapy helps create relaxation and revitalization.

Foot Loose

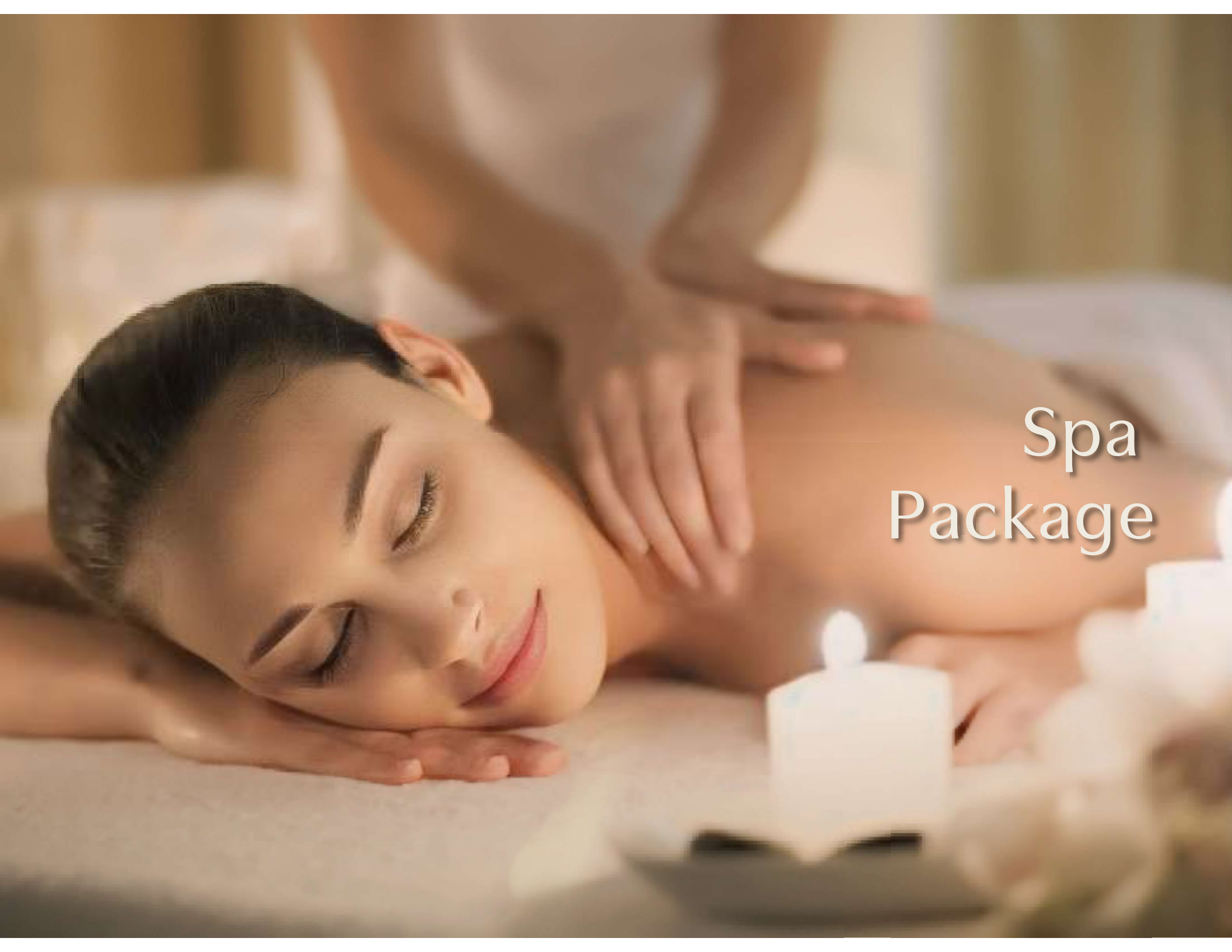
🕒 30 Mins

1,000 Baht

(Foot Massage)

Experience the wonders of Asian foot massage, an ancient art that targets pressure points to release energy blocks and stimulate blood circulation.





Spa Package



Royal Lotus of The Little Shore

🕒 4.5 Hours

8,500 Baht

Indulge in our Renewal Wellness Package, a deluxe head-to-toe treatment designed to rejuvenate your body and mind.

The experience begins with a herbal steam session, combining luxurious body treatments. Choose from our stimulating body polish options to exfoliate dead skin cells, followed by a body wrap to enhance the skin's absorption of the whitening properties within the mask. While the mask sets, our therapist will provide a soothing face and scalp massage.

Next, immerse yourself in relaxation with our Nalinya Signature Massage, featuring a hot sand salt pot and aromatherapy warm oil to relieve tension and improve blood circulation. Following the massage, enjoy a refreshing facial tailored to your specific skin type.

Complete your journey with a relaxing soak in the Jacuzzi, the perfect finale to this indulgent experience.

- ▶ 15 Minutes Herbal Steam
- ▶ 30 Minute choice of Body Scrub
- ▶ 45 Minutes choice of body Wrap
- ▶ 90 Minutes Nalinya Signature Massage
- ▶ 60 Minute choice of Facial
- ▶ 30 Minutes Jacuzzi





Serenity by the Sea

🕒 3 Hours

6,000 Baht

Embark on a journey of purification with our Serenity by the Sea package.

Begin with an invigorating herbal steam treatment, followed by your choice of body polish to gently exfoliate dead skin cells.

Next, indulge in a full body massage to renew your vigor and rejuvenate your senses.

Conclude your experience with a revitalizing facial, completing your wellness purification journey.

- ▶ 30 Minutes herbal steam
- ▶ 30 Minutes choice of Body Scrub
- ▶ 60 Minutes choice of Body Massage
- ▶ 60 Minutes choice of Facial

Sense of Blue Ocean

🕒 3 Hours

6,000 Baht

Experience indulgence from head to toe with our Sense of Blue Ocean treatment.

This luxurious session is designed to melt away tension, leaving your skin glowing and bringing your body and mind back into harmonious balance.

- ▶ 60 Minutes choice of Oil Massage
- ▶ 60 Minutes choice of Facial





Sound of Sea Breeze

🕒 2.5 Hours

5,000 Baht

Experience the soothing touch of our techniques as they effectively release tension and stress from your entire body.

Indulge in a 90-minute specially developed massage from our spa menu, tailored to pamper and relax you.

Follow this with a skin-softening treatment of your choice, enhanced for your entire body.

Conclude your treatment with a soothing and relaxing soak in the Jacuzzi.

- ▶ 30 Minutes choice of Body Scrub
- ▶ 90 Minutes choice of Body Massage
- ▶ 30 Minutes Jacuzzi

Anemone Bliss

🕒 2 Hours

4,500 Baht

Unlock the secret to beauty with our deeply restoring treatment, designed to leave you feeling completely rejuvenated.

Embark on a relaxation ritual that starts with a full body relaxation massage, guiding you through a sensory journey of relaxation.

Indulge further with an exquisite facial, combining the best of both worlds for a truly rejuvenating experience.

- ▶ 60 Minutes choice of Oil Massage
- ▶ 60 Minutes choice of Facial





Andaman Sun Soother

🕒 2 Hours

4,500 Baht

Bask in the tranquility of our Andaman Sun Soother treatment, specially crafted to alleviate the effects of sun exposure.

Experience the cooling relief of our Aloe Vera After Sun Body Wrap, soothing sun-burnt skin and leaving it feeling refreshed.

Followed by an Islet Cool massage, utilizing a blend of pure oils to restore moisture and promote skin health. The gentle yet firm slow strokes are ideal for mature, sensitive, or sun-exposed skin.

- ▶ 45 Minutes Aloe Vera Body Wrap
- ▶ 60 Minutes After Sun Massage
- ▶ 15 Minutes Mini face massage

Secret of Sunshine

🕒 1.5 Hours

3,500 Baht

Unlock the Secret of Sunshine with this fantastic one and a half hour package designed to harmonize your body, mind, and spirit.

Start with a revitalizing body polish to remove dead skin cells, leaving your skin re-mineralized, tightened, and refreshed.

Followed by a rejuvenating massage to release tension and activate your body's natural defenses, leaving you feeling renewed from head to toe.

- ▶ 30 Minutes choice of Body Polish
- ▶ 60 Minutes choice of Body Massage

